

Book for events, podcasts & more!



Damien & Kenady Nash

Authors | Speakers

Speaking Topics

- Divorce-Proofing & Keeping the Fire Burning in Your Marriage
- Marriage Preparation for Singles
- How to Practice Celibacy in a Highly-Sexualized Culture
- Biblical Teachings



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About Us

It all started when Kenady sat behind Damien at church every week in 2014 (which he would say she was stalking him). Now, they are an inspiring and relatable married couple who stand next to each other on various platforms sharing their testimony and biblical wisdom beyond their years. Co-owners of Completely You 365, LLC, Damien and Kenady are both authors, speakers and content creators. They love teaching singles and couples how to have healthy relationships God's way, no matter their past. Damien and Kenady also have a humorous side. They have garnered millions of views from their light-hearted TikTok's, Shorts and Reels across their social media platform. They believe relationships should be enjoyed not endured!

#CompletelySingle



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Written by Damien during his single season, wondering if God would ever bring him the right one. Until one day, he realized he had some work to do. Singles, you have to BE the right one FOR the right one. Learn how to become whole, healthy and Completely Single before finding the right one.

#CompletelyMarried

Written by Damien and Kenady while they were on their journey to the altar. They provide a biblical blueprint on how to date God's way with a vision for marriage. So, even if no one taught you how to date or if you have no idea what a godly marriage looks like, you can be equipped to have a completely fulfilling and God-honoring relationship.



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Contact Us

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Damien Nash

Damien has an MBA from Bellarmine University and is a certified life coach and a former DII basketball player. Once told by a professor that he had the worst writing abilities, now he's an author of 6 books and counting. He encourages others to succeed in life while removing limits and labels that the world tries to put on them. He is able to connect with various audiences ranging from the youth to executive leaders.

Solo Speaking Topics:

- Motivation: Overcoming Limitations
- Leadership: Workplace Integrity
- Suicide and Drug Prevention
- Deliverance & Inner Healing



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Speaking Reviews

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"Damien and Kenady are knowledgeable, inspiring speakers who have a heart for encouraging others. They are uniquely gifted with the ability to effectively connect and lead groups with focused engagement. The combination of their distinct areas of expertise set the stage for a truly special experience. I highly recommend them as speakers, facilitators or group leaders."

- CP, Executive Director & Pastoral Counselor

"Damien and Kenady have been a highlight for my single moms support group... They are just amazing! They make everyone feel welcome and comfortable and people who had been struggling to open up opened up! They are both powerful prayer warriors whose words give hope to the hopeless. They both have such big hearts and they speak biblical truth with tact and sensitivity and caring. They are wonderful mentors for singles and couples alike. I highly recommend having them come talk to any group that you might be a part of."

- JM, Leader of Single Moms Support Group

Kenady Nash

Kenady is a graduate from UGA and is a registered dietitian. She takes her nutrition knowledge and delivers it in a simple and engaging way to encourage others to take care of their temple without all the food fears and restrictions. Being a wife, mother, and a woman having overcome sexual trauma, counterfeit relationships, identity and body image issues, she can deliver inspiring speeches to an array of women.

Solo Speaking Topics:

- Biblical Womanhood: Woman, Wife & Mother
- Nutrition & Healthy Lifestyle
- Embracing Your Body & Identity
- Overcoming Sexual Trauma
- Identifying Counterfeit Relationships



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