

A COMPLETELY YOU 365 DEVOTIONAL

*Growing*  
IN

GOD

5-DAY DEVOTIONAL FOR  
*SINGLES*

BY: DAMIEN K. H. NASH

Copyright © 2021 Completely You 365, LLC

All rights reserved. No part of this book may be reproduced or used in any manner without the prior written permission of the copyright owner, except for the use of brief quotations in a book review.

# Table of Contents

---

**DAY 1 | PURPOSE**

**DAY 2 | STEWARDSHIP**

**DAY 3 | SEPARATION**

**DAY 4 | ACCOUNTABILITY**

**DAY 5 | PATIENCE**

# A LETTER FOR YOU

---

Dear Reader,

Welcome to Completely You 365. Our goal for every product that is produced is to help you become *completely healthy and authentically you in Christ, 365 days a year*. I wrote these "Thoughts" as I was walking with God in my singleness. These 5 devotions were handpicked by me specifically to help you navigate this season with grace. We at CY365 pray that these devotions will help you put this season in perspective and ultimately encourage and remind you that God has purpose and beauty in every season.

God Bless,

*Damien K. H. Nash*



# Day 1

## PURPOSE

I have to admit that this message has been brewing in me for some time now. But I have only been moved to write about it recently. Question: What's in your hands? Now most of you would look down at your hands and say, "I see nothing!" Nevertheless, I am not focusing on what's literally in your hands.

However, I want to speak to what is figuratively in your hands. These days, we see individuals in communities all over the world who have seemingly lost hope in the face of a moral and economic crisis. On the one hand, we can say that these people do not know who they are because they don't have a spiritual identity. On the other hand, I see a deeper problem. These same individuals don't know "whose" they are, which can affect their purpose—what we do with our hands.

The Bible gives us an awesome picture of this in Exodus, chapters 3 and 4, when Moses was discovering his own identity and purpose.

God just summoned Moses to free His people from the hands of Pharaoh and told Moses exactly what would happen.

However, in Exodus 4 Moses began to doubt God and became intimidated by the people he would free. He asked God, "What if they don't believe me or listen to me?" Then God said something strange. He asked Moses, "What is that in your hand?" "A staff," Moses replied. And the Lord said, "Throw it on the ground." As soon as Moses threw the staff down, it became a snake. God told him to pick it back up, and it turned back into a staff.

In the Bible, the word staff was sometimes translated to mean a simple rod or even shepherd's scepter. However, Moses' staff was more special than this, my friends. Really delving into Hebrew history and the symbolic meaning of passages regarding this staff truly opened my eyes.

*In Old Testament times, a staff like the one Moses had was used for support, as a walking stick for an older man or woman. Shepherd's rods were also known to herd and guide sheep. The staff or rod was marked according to which tribe the bearer belonged to. And one of the more interesting facts is that the owner of the staff would draw maps and locations on his staff to remember where he had been.*

This made me laugh because God asked Moses one simple question but as we all do, we sometimes miss the lesson God is trying to convey to us. God asked, "What's in your hand, Moses?" And, honestly, I would have probably said a staff, too.

But no! Moses had so much more! He had support from God. Moses had wealth, since a man in those times would typically not have had a shepherd's rod without owning sheep to herd. And Moses could look at his rod and see every single place that God had delivered him from and everywhere that God had been with him. This was truly more than a staff; this was a historical journey with Jehovah himself.

Shockingly, later in chapter 4, God shows Moses two more miracles and Moses gives God another excuse saying, "I am not eloquent in speech and my speech is slow." God said, "Who gave you a mouth?" Then Moses answered, "Send someone else." God's anger burned on Moses, as He added, "Don't you have a brother in Aaron who can speak well?" I believe this speaks to a lot of us. We give God so many excuses but we don't take the time to pause, reflect and look at what's already been placed in our hands.



If Moses had only been quiet and looked around him, he would have seen that he had everything he needed to perform the task that God told him he had already conquered. He even had help from his brother Aaron, who was there to help Moses deliver the message about bringing forth deliverance from the Egyptians.

So I ask you again, what's in your hands? Stop making excuses for not starting that business. Stop making excuses for not enrolling in school or writing your first book. You have a computer, laptop, iPad, pen, pencil and even a sheet of paper. Start with your life experience and your journey with God. No more excuses. Last but not least, stop making excuses for sins and take the opportunity right now to confess those sins. Then, ask for forgiveness and accept Jesus Christ, the Son of God, as your personal savior.

Before I read this scripture in Exodus, I used to make a lot of excuses, and blame many of my failures on my situation at the time. But I am free of that now because I know I have an eternal legacy with God the Father, a heritage that is woven into His-story and can never be taken from me. Hallelujah!!!

References: Exodus 3, 4



Questions:

- What are your God-given gifts and abilities?
- What can you do with your gifts and abilities to enhance the Kingdom of God?
- How do you envision the world will be different as you share your gifts and abilities?

Prayer:

Dear God, You are so awesome! We want to first thank You for always being there for us, from the very beginning. We repent and confess all of our sins, and we ask Your Son to come into our lives and take control. Reveal to us the gifts, talents and abilities You have given us to share with the world. Give us wisdom to always keep our ears attuned to Your voice as You shepherd us on this journey. In Jesus Christ we pray. Amen.



## Day 2

### STEWARDSHIP

I recently had a brief but thought-provoking conversation with my father. To spark these conversations I usually ask one simple question, "What is God saying to you, Daddy?"

Yep, at the tender age of 28 (at the time of writing this) I still call him daddy. After he heard my question, he sat back in his chair and put his pointer finger over his lips, as if he was in deep thought. Then he began to recite a book he began reading the week before.

The story he recited was about a famous real estate mogul who has a popular T.V. show in which he "fires" individuals/celebrities until he finds the right assistant to run one of his properties. In this particular story, the company's controller, the one who audits accounts and supervises the financial affairs of a corporation, comes in and tells the popular business owner that he has lost money.

Surprisingly, the mogul quickly "fires" the man and sends him back to his office to

pack his things. Following the controller back into his office, the executive asked, "Do you know why I fired you?" "No," the controller said. "I hired you to make me money, not lose it. Do you think you can take this job more seriously, now?"

The controller was still with the real-estate mogul's company at the time of writing this book. This got me thinking, "Would God 'fire' me?" Hold the fish, Damien, you say what? Would He release me from my position in His Kingdom? Now, you might think that it's a ridiculous assumption that the God of Abraham, Isaac and Jacob would look at us as employees, but when I think about it, it might be a good comparison and a valid question.

As employees of any company, we are responsible to start and/or complete different tasks assigned to us each and every day we come to work. To complete these tasks, we have different skills sets or abilities that the employer identified to either save or to achieve an organization's goal. We are employed to be assets, not liabilities.

I was reminded of a passage in Mark 11 where Jesus was hungry and He saw a particular fig tree in the distance. When Jesus came up to the fig tree He "cursed"

the tree, in front of His disciples, for it bore no fruit (even though it was not the season for figs to grow). Jesus' demonstration was a metaphor, focused on Jewish leadership rejecting Christ, but it does pose an interesting internal question, "Would He find me unfruitful even in an off-season?"

Another scripture that comes to mind is in John 15 where Jesus says, "I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit He prunes so that it will be even more fruitful."

Am I bearing fruit? Am I using my God-given gifts to complete the task God has set before me to build God's Kingdom?

Or am I trying to still build my own? Getting to the point: "Can God really trust me?" Luke 16:10 states, "Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much." It's stewardship. And it's not always about administering finances. What about my time, my character and my attitude toward others? What about the property that God entrusted to our hands? Our living spaces, our cars, even our jobs?



For me, am I seriously trying to do business God's way and treat those inside my business world, whether partners, contractors or employees, with God's love? I have to be honest with these internal questions and review my situation only. I know I have A LOT of work to do, and I might be on the verge of being let go. Now, what about you?

First Peter 4:10 says, "Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms." My friends, when we ALL were born we were hired to do the job God called us to. However, it is our choice to choose God, His Son and His Kingdom. With that choice are we going to be faithful with the gift to be fruitful to build His Kingdom, or not? Finally, ask yourself, would He cut me from the vine? Would He fire me?

References: Mark 11: 12-25, John 15:1-8, Luke 16:10, 1 Peter 4:10



Questions:

- List the areas in which God has made you a steward. Consider such things as your family, time, finances, and church duties.
- Would He be pleased with your execution of duties? In which areas?
- List those areas that He would probably fire you from.
- Read Luke 16:10. As you seek to have greater authority, what things do you need to be a better steward of now?

Prayer:

Father, Thank You for Your grace. You are patient with me to complete the task You have set in front of me. Give me the strength to walk with You, even when I begin to feel weary and fatigued. In Jesus' name we pray. Amen.



## Day 3

### SEPARATION

Did you know that the Bible tells us to get the "L" out of here? Huh?!? Believe me, I said the same thing when I read it for myself. It clearly says get the "L" out of here.

OK, please read on, and I'll show you where. Romans 12:2 says, "Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's Will is—His good, pleasing and perfect Will."

But how do people know what God's Will is for their lives? They meditate and study the Word of God, which transforms their minds. Don't you see it? When we remove the "L" from the World, we are only left with the Word of God. The Word of God renews our minds so that we are set apart to then be a light to the world.

In Matthew 19, starting at the 16th verse, however, we find the sad story of a young man who just could not get rid of the "L".

We catch up to the story as the young man is asking Jesus, "What good thing must I do to get eternal life?" Jesus responds by telling him to follow the commandments, and then He lists a few. "Do not murder, do not commit adultery, do not steal..."

"All these I have kept," the young man quickly replies. "What do I still lack?"

Jesus answers, "If you wish to be complete, sell your possessions and give to the poor, and you will have treasure in heaven. Then come, follow me." As soon as the young man hears this, he goes away grieving because he possesses great wealth and cannot give it up.

You see, our walk with God is more than following commandments or doing good deeds. We must also set ourselves apart from the world. The interesting thing in this story is that the young, rich man knew that he lacked peace even though he had followed the Lord's commandments, and scripture indicates to us that he was essentially what the world considers to be a "good person." But the young man just could not let his worldly possessions go, which kept him from following Christ. This is the only person in scripture that went away from Jesus worse than when he initially came.

1 John 2:15 says, "Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him." No one can serve two masters, Matthew 6:24 emphasizes. "Either we hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money."

Don't get me wrong: Money/wealth is not necessarily bad, it's neutral, even though some people quote the scriptures as saying this. (However, scripture does tell us in 1 Timothy 6:10, "For the love of money is the root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.")

I'm also not saying that it is impossible for a rich man to enter heaven because Jesus states later in Matthew 19 that "nothing is impossible for God." However, Jesus is very clear with His disciples: When and if the time comes that you have a choice, will you follow Christ or the world and its possessions?

I truly believe that the Word of God is a firm foundation for you, a place where you can begin discovering the peace that you might be looking for and that the world is known to lack. In addition, I believe we are to use that Word greatly in our lives,



for the benefit of ourselves and others. I endorse the advice from the Book of James where we are told to not merely be hearers of the Word but also doers.

So my friends, getting the "L" out of here will only leave us the Word of God. And trust me, from my experience that's a great place to start.

References: Romans 12:2, Matthew 19:16-30, 1 John 2:15, Matthew 6:24, 1 Timothy 6:10

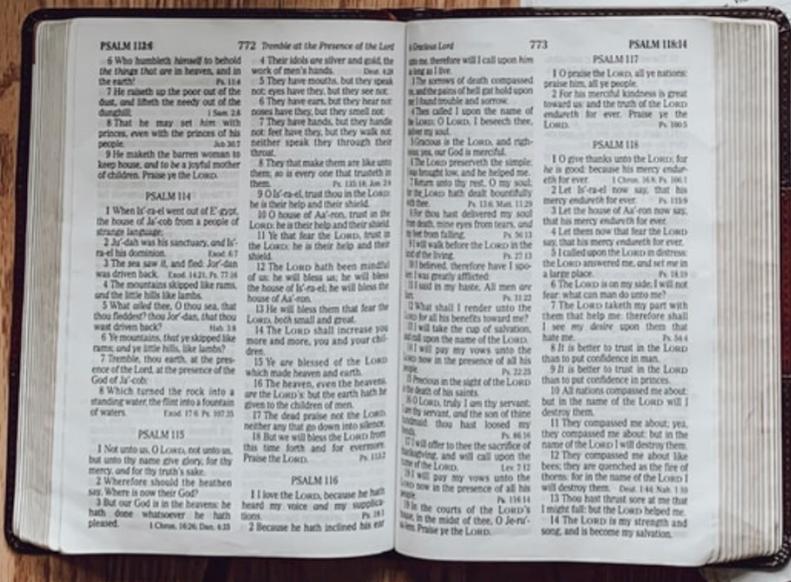


**Questions:**

- Evaluate your life in the light of the three criteria of a worldly lifestyle:
- Lust of the flesh (sexual sin, addictions and fear)
- Lust of the eyes (covetousness and materialistic cravings)
- Pride of life (seeking attention and wanting to be seen)
- What areas do you need help with or in?
- Who will you seek to help you?

**Prayer:**

Dear God, Thank You for this special day that You have made. Help us continue to follow Your Word daily, and give us the strength to share our light to the world so that others can see Your Word, which is alive and working in us. I ask this in Your Son Jesus Christ's name. Amen.



# Day 4

## ACCOUNTABILITY

How many times have you heard the phrase "don't judge me"? Honestly, I've heard it and even said it plenty of times myself. However, when studying scripture and meditating on the Word of God, I have begun to pay close attention to what I say and especially the motives behind what's being said.

God showed me that we have turned into a "don't judge me" society, where we sometimes tolerate anything and everything because standing for something might offend our brethren. Let's get something straight: People will hate you because they hated Christ first, and they want to remain ignorant so they don't have to be accountable for their actions.

So I asked God, "Why do we allow this phrase to be an acceptable mindset in our everyday lives?" And He answered: "Because you want to create a good excuse to satisfy fleshly desires."

Question: Do you think the disciples would have asked Jesus not to judge

them? I do understand that we as individuals have our own thorns. Some of us, for example, may struggle with slothfulness. Others may be caught up in sexual sin and pornography. And some might even have to battle substance abuse.

Truth is, we all struggle with something. However, I warn you not to make it a habit to use one piece of scripture to try and cover up your guilt and pain. Because if you do choose to cover the pain yourself, it will only make it worse. It creates a callousness around your heart. You will start moving away from reading your Bible daily, to begin saying, "Oh I don't need to go to church."

Trust me, it happened to me. But I do have good news. Roman 8:1 says "...there is now no condemnation for those who are in Christ Jesus." Jesus is able to take the pain away. 2 Timothy 3:16,17 says, "All scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work." When I read this, and understood it for the first time, it changed my whole perspective. I saw clearly how my lifestyle was not lined up with the Word of God.

In essence, when someone spoke biblical correction in my life, I was rejecting it with the "don't judge me" attitude—not even being open to hearing the teaching that God was trying to send me.

Proverbs gives a stronger view on those who reject correction. I ask that you take heed to the wisdom given here. "To learn, you must love discipline; it is stupid to hate correction." (Proverbs 12:1) Personally, I don't want to live in ignorance, foolishly rejecting reproof and corrections. The word judge (the noun) is defined as a person qualified to pass a critical judgment, or settle something authoritatively.

A judge has the last say on a particular case. Most of the time you may be thinking someone is judging you but they are only correcting you, which literally means that they are advising you on an adjustment you should make to increase your accuracy. We can adjust our lives to reflect the Word of God we say we believe in.

I don't know your own personal belief system. However, if we say we believe in the full authority of the Bible, then we should never again take shortcuts. And I believe saying, "don't judge me" all the



time has become a shortcut for many of us and a cop-out to not live holy and righteous lives.

Now there are those who do judge you by telling you that you are going straight to hell in a hay basket. In this case you should first forgive them and then pray that God will have mercy on them and cover them with His grace daily. Matthew 5:44 says "...love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you..."

Finally my friends, when someone corrects you, don't be so quick to blurt out, "don't judge me!" Listen carefully and be slow to speak. Examine your heart, and actions, to see if God has gracefully brought someone into your life to keep you accountable.

The Bible suggests that we create a group of people to hold us accountable for our actions. We find this in James 5:16 where the scripture says to confess our faults (sins) one to another and pray for one another. These people can be spiritual leaders who are strong in the areas where we are weak and check on our progress.

We can even help them stay accountable, too!

References: Roman 8:1, 2 Timothy 3:16,17, Proverbs 12:1, Matthew 5:44, James 5:16



Questions:

- How do you accept corrections? Do you get mad and try to get even with those who correct you, or do you listen and try to hear God's voice?
- In what areas do you need correction?
- How will your life be different when you make these corrections?
- Do you need someone to walk with you as you make these corrections?

Prayer:

God You are the King of Kings and Lord of Lords. Even though You are our ultimate judge, thank You for working through others, allowing them to correct us, to help us adjust our lifestyle and follow Your Will for our lives. Thank You for Your Son who gives us a perfect picture of how to live righteously and with justice. It is in the name of Your Son Jesus Christ we pray. Amen.



## Day 5

### PATIENCE

As I was sitting in the parking lot waiting for the employee bus to arrive, something grabbed my attention. Was it a bird? Was it a plane? No, actually it was a beautiful butterfly. It swooped in and joined me inside the enclosed bus stop. Then, flying straight into a window, it was stunned by the fact it could not fly forward any farther!

The butterfly attached its feet (tarsus) to the glass and began crawling up, looking for a crack—freedom! Sadly, the butterfly was unsuccessful. For several minutes it flapped its wings, bumping its abdomen against the windowpane. "This butterfly is not smart at all," I thought to myself. "Does it really think it can break through this thick glass?"

After what appeared to be a serious workout by this delicate insect, it showed exhaustion. The tired butterfly rested for a few seconds, probably to figure out its next move because obviously bumping into the glass was not working in its favor. Suddenly, and surprisingly, the butterfly became very

still. It brought its wings together above its abdomen and lay them down slowly towards the window. And then it happened! A calm, gentle-breeze filled the air. The wind brushed against the butterfly's wings and like a graceful rhyme the butterfly fell backwards into the hands of the wind floating into the direction of familiarity.

Have you ever been in a situation where you thought your vision was clear but you could not move forward? You could see the finish line but barricades continued to get in the way of reaching your destiny. "How do I know which way to go?" you asked yourself. For the butterfly, the obstruction was a glass window but for you it is something else.

Yes, I have been in this position before. And at that point I was reminded of a powerful story in 1 Kings 19 starting at verse 11, where the spirit of the Lord tells Elijah to come out of the mountainside because the Lord's presence was about to pass by. The Lord never told Elijah how He would show up; He just told him He would. In the beginning, Elijah encountered a mighty storm with strong winds right outside the cave entrance, but the Lord was not in the storm. Next, a powerful earthquake shook the mountain

violently, but still the Lord could not be found in the earthquake. Then came a fire with raging flames rushing against the mountainside, and the Lord was not in the raging flames, either.

Finally, a gentle whisper followed the fire and Elijah covered his face with his cloak because he knew he was now in the presence of the Almighty. Elijah had to become still and recognize this soft whisper. I do believe that the Lord could have shown up in all of those natural disasters but He came in a form of calm whisper. And it was with that whisper that I believe He (the Lord) made the most noise.

Look at the trial the butterfly had to endure. You know, it grasped something in two minutes that it takes us humans a lifetime to learn. After fighting tooth and nail trying to escape by its own power, it decided to be still and rely on a small whisper from the wind to soar to freedom!

My friends, I encourage you to recognize some of the manmade natural disasters in your life. These things might be daily distractions that prevent you from witnessing His presence. Just like the butterfly, I urge you to fall back into His hands. But first you must, "be still and



know/trust that (He) is God.”(Paraphrase, Psalm 46:10)

References: 1 Kings 19:11-13, Psalm 46:10



Questions:

- What is one area in your life that you need more patience in today?
- When was the last time that you had prayer time with the Almighty?
- Are there current distractions in your life that are robbing you of witnessing His presence?
- Identify opportunities in which you can have quiet times with the Father. While driving in the car, during break time at work, first thing when you wake up, etc.

Prayer:

God, continue to help me identify the distractions in my life—the things that prevent me from seeking Your face daily. Help me to become still and have faith in You, and to fall gently into Your righteous hands. Thank You for allowing me, and my family, to be covered by Your grace and mercy. In Jesus’ name we pray. Amen.

**Dear Reader,**

*I really hoped you enjoyed the 5-day devotional. My desire is that you will continue to grow your roots deep in God as you develop a closer walk with the Holy Spirit in whatever season you find yourself in.*

*If you are interested in more resources that will help you in your single season, I encourage you to check out the book I wrote when I was single called **#CompletelySingle: Learning How to Become the Right One Before Meeting the Right One**. Many people say they are looking FOR the right one but might not BE the right one yet. This book covers how to get healthy from past hurts/relationships and truly become completely single and committed to God as you wait to meet the right one. It has a digital 6-session course that dives deeper into the book. It answers some of the tough questions singles ask like how to navigate the feelings of loneliness, how to break bad habits/cycles, and how to protect your soul etc. I would like to add that this course includes a free digital copy of #CompletelySingle the book and additional free resources. If you would like to learn more information and potentially enroll in the course, click [here](#).*

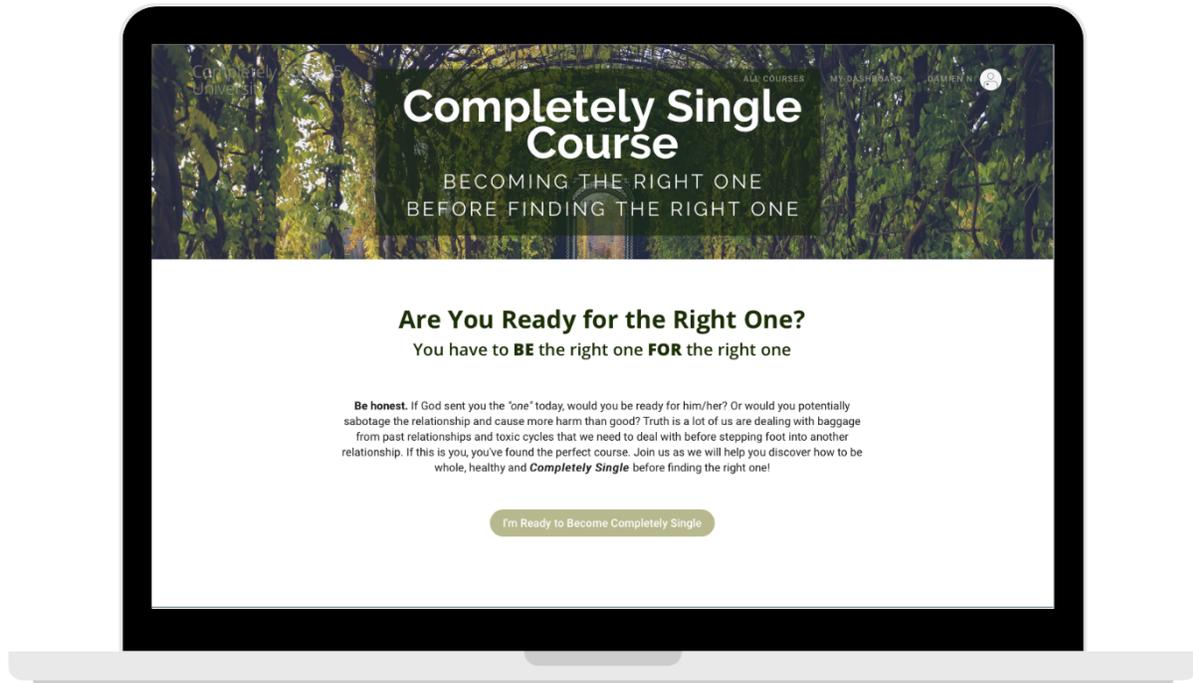
*May you be completely and authentically you in Christ 365 days a year.*

*God Bless,*

*Damien K. H. Nash*

Please visit: [www.completelyyou365.com](http://www.completelyyou365.com) for more resources.

# Enroll Here Today



## Available Now on Amazon